



enm

Environment Network Manawatū

ENM Pānui

'Why is Food Sovereignty Important?'

This was the question asked at the most recent Manawatū Food Action Network hui which took place on Tuesday 29th of July and was attended by around 50 people. The hui attracted lots of new people, both organisations and interested individuals wishing to connect and be part of the conversation.

The answer to this question of course is not simple, and has changed as we as humans have moved from hunter-gatherers to more organised societies where food distribution is more controlled by systems. Discussions were based around this, what it means for us today and the effect that policies and land ownership and control have on people becoming food secure. There was also focus on community gardens, which are a pivotal part of the sector's makeup, and on data collection in ensuring we can communicate what is happening effectively to the people who want to support.

We would love you to get involved. Email Manawatū Food Action Network Coordinator Daniel Morrimire for more information foodaction@enm.org.nz

Why Food Sovereignty Matters



A presentation by the Manawātū Food Action Network (MFAN), part of Environment Network Manawātū (ENM)



Celebrating Volunteering:

Trina Sheridan- Butterfly Compassion Community.

Butterfly Compassion Community (BCC) has little to do with butterflies, but a lot to do with support, compassion, sharing and upcycling. It all started through a simple wish to give something back to the community nearly two and a half years ago.

Trina Sheridan and her colleague Jo Donaldson, community assistant from Latitude Homes were looking at a positive way to offer support to families at Christmas time and came up with the idea of gift packs for children of families who might struggle with this. They decided to work in collaboration with the [NZ Police, who distributed 350 gift packs...](#)



First Delivery of Plastic Lids to Aotearoa NZ made.

This week we proudly made our first delivery of number 2,4 and 5 plastic bottle tops which have been brought to ENM by members of the public to Aotearoa NZ Made out in Longburn.

This local business is one of only a handful of plastic recyclers and manufacturers in the North Island and they upcycle donated bottle tops to make plastic bags together with clean plastic film that's been collected. Grade #5 lids are reprocessed with other grade #5 containers back in



plastic pellets/granules and these are on sold to other NZ manufacturers to make their products.
 Find out more about them at www.nzmadelimited.co.nz.
 REMEMBER you can recycle number 2,4,5 plastic lids, aluminium bottle tops and steel bottle tops at ENM's Office at 145 Cuba Street, 9am-4pm Monday- Thursday.
 We also hold a bottle top sorting working bee every Thursday from 11am-12pm.



Horizon's Regional Council support Ruahine Kiwi.

Have you read the most recent [Horizons Regional Council](#) 'Across the Region' bulletin that will have been delivered to your mailbox recently?
 We were thrilled with the announcement of extra funding support for Ruahine Kiwi as part of the 2024-34 Long Term Plan. This is a fantastic move forward in future proofing our incredible mahi. [You can read more here.](#)

Getting the 'Right Glue' at Palmerston North Repair Cafe.

Once everyone had finished watching the opening ceremony of the Olympics, Thunderbirds were 'go' for Palmerston North Repair Cafe's 27th of July event. with a wide variety of mends and a 'Getting the Right Glue' workshop taking place.

One of the highlights was the creation of a new sign by MENZshed Volunteer Philip, who skillfully crafted this one to replace our not-so-great cardboard one. Philip, you are a superstar!

Our thanks, always to our volunteers and all who choose to trust their belongings with us to mend.

The next cafe takes place on Saturday 31st of August from 9am- 12pm (last mends taken at 11:30pm) at Palmerston North Community Leisure Centre, 569 Ferguson Street.



The launch of the great potato growing competition.

The launch of [Manawatū Food Action Network's](#) first ever spud growing challenge, was revealed as part of [Te Manawa Museum of Art, Science & Heritage's](#) 'Science Alive' event on 26th of July. We have 188 potatoes left for people to claim so they can be part of the challenge!

**Brought to
you by:**



It's pretty darn simple; we will give you a spud, some instructions to care and then you will raise said spud and help it reach its potential. There will be prizes for the largest spud, the heaviest spud and the biggest yield amongst other exciting categories.

Come visit us at 145 Cuba Street between 9am-4pm Monday to Friday to claim your potato.

We need your feedback!

ENM is the designated sector lead for the environment for Palmerston North City Council. We receive funding for this role and are required to assess our performance every 6-months against an agreed schedule of performance measures.

We would very much appreciate feedback about ENM's performance in the past 6-months via this questionnaire which takes about 5 minutes to complete.

[You can access it on this link.](#)



Pop the date in your diary- ENM's AGM

ENM's Annual General Meeting will take place on Thursday 24th of October from 5:30pm-7pm. Please pop this date in your diary.

We are also eagerly looking for new board members to join a dynamic team of dedicated people in the exciting role of ensuring the vision, direction and future of ENM and its ongoing support of member groups through collectives and projects.

The role requires a commitment to prepare for and attend a monthly meeting and takes approximately 2 hours per week on average. Board members need to be nominated by a member group, and may be representative of that member group, or an individual affiliate member of ENM. contact coordinator@enm.org.nz for more information.

Opportunities to get involved

Repair Cafes

Repair and connect.

Aug 10 [Repair Cafe Levin](#)

Aug 17 [Feilding Repair Cafe](#)

Regular Events

Join in!

The first Friday of each month

[Fridays for Future](#)

Peaceful protest for climate action.

Aug 31 [Palmerston North Repair Cafe](#)

Crop Swaps

Share and learn

Aug 3 [RECAP Crop Swap, Ashhurst.](#)

Aug 11 [Palmy Crop Swap.](#)

Aug 11 [Foxton Crop Swap](#)

Local Markets

Eat seasonally, buy locally.

Every Friday [Feilding Farmers' Market](#)

First and third Sunday [Hokowhitu Farmers Market](#)

Regular Working Bees

Get your hands dirty!

Aug 4 [Ahimate Reserve](#)

Aug 11,25 [Dune Gardens, Foxton.](#)

Aug 10 [Green Corridors Summerhill](#)

Help maintain corridors of native trees.

Aug 11, 25 [A Rocha Nursery](#)

Growing natives from eco-sourced seed.

Aug 11 [Apollo Butterfly Park](#)

Planting for Monarch butterflies.

Aug 18 [Pit Park Roslyn](#)

A restored urban native bush habitat.

Every Thursday [Bottle top working bee](#)

Every Friday [Community Food Garden](#)

[Fridays.](#)

Every Sunday [Timona Park Orchard](#)

Growing fruit for the community.

Most Sundays [Manawatū Estuary Trust](#)

Keeping exotic species out of the wetland.

Every week. [Ashhurst Community Library](#)

[Garden Working Bee.](#) Keep connected on

Facebook for dates and times as these do

vary.

Sharing Tables and Shelves

Pātaka Kai is the Māori term for a food storehouse or basically a pantry.

Every Tuesday, Wednesday and Thursday

[Menzshed](#) Sharing skills and friendship.

Aug 7,14,21,28 [Let's Grow Palmy!](#)

AGM's

Be informed.

1st August [Greasy Chain Charitable Trust](#)

[AGM](#)

Meetings.

Join an active conversation.

Aug 5 [Water and Environmental Care](#)

[Horowhenua](#)

Aug 6 [Manawatū Estuary Trust.](#)

Aug 7 [Manawatū River Source to Sea](#)

[Meeting](#)

Aug 13 [Forest and Bird Monthly meeting.](#)

Aug 22 [Manawatū Beekeepers Club](#)

One-of Events

3 Aug. [Death without Debt workshop.](#)

[Ashhurst](#)

3 Aug [Religious Diversity Group Tree](#)

[Planting](#)

The Egg Project

Supporting the Ruahine Kiwi Project one

egg at a time! [You can buy from them and](#)

[support the project by clicking here.](#)

Small Gardening Tools

Tools are available for keen gardeners to

borrow from the Awapuni, Roslyn and Te

Patikitiki branches of Palmerston North

City Library! If you have a garden kaupapa

Pātaka Kai are a space for people to leave what they can (excess garden produce and food for example) and for people to take what they need. This is not an exchange system, nor is koha required. Pātaka Kai are open 24/7.

[Click here for a link to sharing tables and Pataka Kai in our area.](#)

requiring more serious tools, then email food.action@enm.org.nz to organise borrowing our big implements: spades, forks, shovels, rakes and even a wheelbarrow or two. Donations of garden tools in good working order are also welcomed. [Click here to learn more.](#)

Food Distribution

Just Zilch, Te Pataka Kai 4412, the Salvation Army, Methodist Social Services Manchester House, Community Fruit Harvest, Manawatū, Te Whare Koha and other are working together to rescue and distribute food. If you know of food that is going to waste, or anyone that is struggling to get food, please contact one of these agencies. [Click here for a list of places to access food support.](#)

Seed Libraries

The [Manawatū Food Action Seed Exchange](#) has a variety of seed exchanges within the city. Find them at Awapuni, Roslyn, and Te Patikitiki libraries, and the ENM office at 145 Cuba St. Donations are always gratefully received.

Notices

1 Te Patikitiki Rongoa: Helpers are always welcome on Monday afternoons 2-3.30pm and Friday afternoons 3-4.30pm to help with the gardens at Te Patikitiki Library. Contact Niki Burtenshaw for more information 021362873.

2. Growing Gardens and Communities sets up gardens for people who need help to get started growing kai most every Thursday from 10 AM to 12:30. Volunteers are hugely appreciated. Contact Beth Lew at 0274 399 565 for more information

3. Manawatū Forest and Bird's urban rat trapping initiative is underway with the distribution of 25 or so D-Rat traps and tunnels (made by MENZshed) to members of Manawatū Forest and Bird. There are still more tunnels being made and they will be delivered in due course.

Trap owners are asked to report results over the coming 12 months, by text or email, and a review of the project will be carried out in a year's time

4. Butterfly Compassion Community will be running an exciting competition 'Battle of the Bins' from 1st of August where six local businesses will be competing to fill bins with donations of 'nearly new' items which will be donated to children, families and older people at need in the community, and sold on at an upcoming pre loved/nearly new gold coin giveaway in Mid-late October. Find out more via their [Facebook page.](#)

[Apply for funding](#)

[For an up-to-date local funding calendar developed by ENM's Communications and Events Lead Helen King you can click here.](#)



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